



Woolooga State School

"Striving To Improve"

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Sun safety in our school

Sun safety is important for our school because our students are here during peak times for ultraviolet radiation (UVR), which is 10 am to 3 pm.

Cancer Council Queensland says childhood sun exposure contributes significantly to a person's risk of developing skin cancer in their lifetime, so our school encourages sun safe behaviours.

Wearing wide brim hats, sun protective clothing, sunscreen and keeping in the shade as much as possible are good habits to get into and we encourage parents and staff to set a good example for our students.

Parents and guardians can check out Cancer Council Queensland's website (http://www.cancerqld.org.au/page/prevention/skin_cancer/) for more information on being SunSmart.

Preventing skin cancer

The major cause of skin cancer is too much exposure to ultraviolet (UV) radiation from the sun. Skin can burn in as little as 15 minutes in the summer sun so it is important to protect your skin from UV radiation.

Skin cancer is largely preventable. Be SunSmart. Protect yourself against sun damage and skin cancer by using a combination of these five steps:



Slip



Slop



Slap



Seek



Slide

